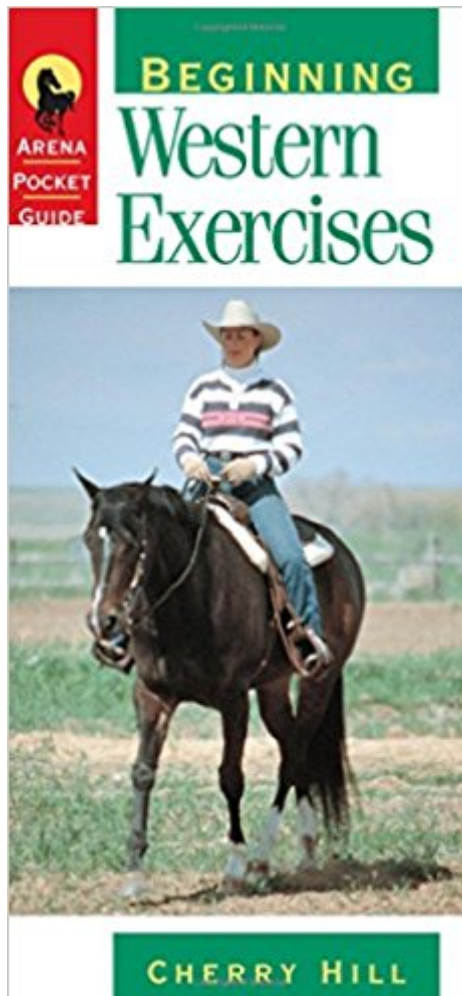




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Beginning Western Exercises (Arena Pocket Guides)



Synopsis

With this pocket-sized guide in hand, you'll find it easy to develop your Western riding skills. Cherry Hill's exercises will help you achieve rider balance, find a steady rhythm, establish energetic forward movement, maintain left to right balance, learn the gaits, learn transitions, and begin bending work.

Book Information

Series: Arena Pocket Guides

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Average Customer Review: 3.2 out of 5 stars 9 customer reviews

Best Sellers Rank: #749,221 in Books (See Top 100 in Books) #129 in [Books > Sports & Outdoors > Individual Sports > Gymnastics](#) #592 in [Books > Crafts, Hobbies & Home > Pets & Animal Care > Horses > Riding](#) #615 in [Books > Sports & Outdoors > Individual Sports > Horses > Equestrian](#)

Customer Reviews

"Cherry Hill is one of my favorite equestrian authors. All her works are easy to understand and apply." -- Horseplay Magazine

Strengthen your Western riding skills with this read-and-ride guide. Beginning Western Exercises features arena maps with patterns of exercises and gaits to help you: -- Learn the gaits-- Develop balance-- Find a steady rhythm-- Start transitions-- Begin bending work-- Establish energetic forward movement

This book is completely useless for someone learning western riding. It has detailed exercise description with no information about how to actually do them. For example, several pages are dedicated to walk-jog-walk exercises, with no description about how to get a horse to transition from a walk to a jog and from a jog to a walk. For the circle exercises the advice is to "use your inside leg to activate the inside hind leg (I assume of the horse)" -- but HOW? I learned nothing from this book

and it was a complete waste of money.

This book is a lot smaller than I expected. It's a pocket guide, and only has about 5 beginner exercises. And about 3-4 pages of description of how to ride the patterns in the book.

Detailed and useful

Being someone who has been riding all her life, this book is useless. Also I already started with western riding. I was hoping this book would give me a little more insight about 'how to' do exercises. Instead it is a book for people who know absolutely nothing about horse riding, English or western. So if you are beginning to take classes for horse riding, this little book might help you. It is very clear on how to sit, feel movements etc. Explains the different gaits and what to expect to feel when riding a horse. So for me it wasn't what I was expecting to get, hence the 1 star. But looking from a beginner's perspective it could be a 4 star book (let).

This book was completely useless to me. I was hoping for a book that would have interesting and varied arena exercises for young horses such as turns on the forehand and rear, spirals, backing two steps- forward two- back three- forward three, etc. Things to work on when you can't get out on a trail. Instead, it is a simple book covering such basics as how to halt, how to walk, jog, lope. Apparently it is intended for someone who is entering a western pleasure class. Not what I was looking for.

Great exercises to do with your horse and small enough to bring with you to the stable. Fits nicely in your grooming bag.

I thought the book was good overall, it had good suggestions on things to do, but in the first Exercise the Halt it says "the halt should be square and balanced" So how do you accomplish that? I thought that half the lesson had been left out.

If you have just begun western riding- like me, you will love this book. I had been riding English for 6 years, and found that western was a bit different. This book helped me get my balance and courage. I really recommend this book!

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